

# Vertical Run (2)

**Coaching Points** (*find space, timing the run, get behind line of defender*)

**Objective:** to create scoring chances.

1. Player is aware where teammate with ball (see head turned)
2. Player recognize space to run to it (back of defender)
3. Player time the run to avoid off-side
4. Player change speed- accelerate to get behind last line of defenders (attacking space)
5. Player with ball has open lane to pass (important cooperation to succeed .

Note: This is a typical run in the final attacking 1/3 of the pitch.

