



Read “no turn” & “vertical run” from previous coaches' tips.



Receiving with open body angle

Coaching Points (body angle facing forward, receiving 1st. Touch direction to space forward)

Objective: to move forward and away from own goal.

1. Player moving to space with angle run-body (ready for a proper receiving)
2. No defender-s (pressure) in front
3. 1st touch forward in to space
4. Dribble ball in to space (usually receive with front foot forward.)

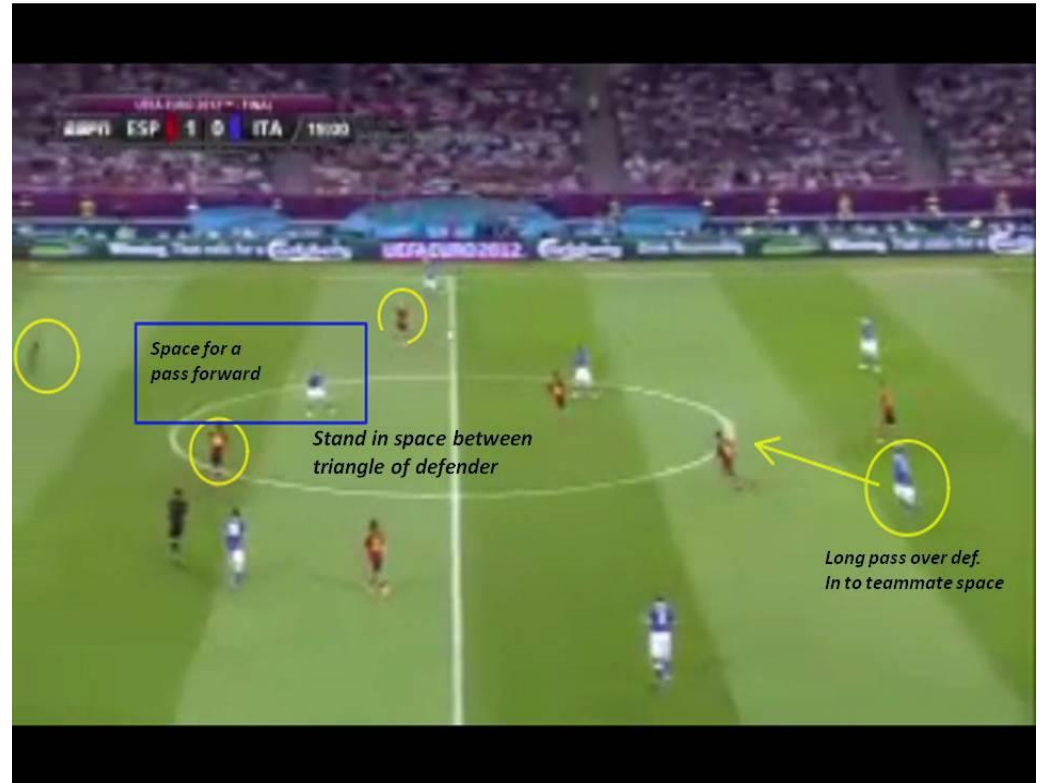


Space between opponent lines.

Coaching Points : (find space, visual behind, away from pressure)

Objective: move to space to support player with ball.

1. Player standing in space (not moving) away from pressure (see 3 def. around)
2. In position to support-receive a pass
3. Visual behind (awareness) where to pass (next).
4. Receive with proper body angle 1st.
Touch pass



Pass between opponent lines

Coaching Points : (aware of space-support, aware of pressure-def.)

Objective: connect a pass to teammate with open lane (gap) from defender-s.

1. Player “no turn” pressure behind
2. Visual behind (awareness) where to pass (next).
3. Pass between def. (gap) in to space

